



## Grade 1 Curriculum Overview

First Half of Term 1, 2026



Welcome to Grade One! This document provides information about what your child will be learning this term. We would be happy to discuss with you how you could best support your child with their learning and celebrate their achievements at home.

### WHAT YOUR CHILD NEEDS TO BRING

**(PLEASE WRITE YOUR CHILD'S NAME & CLASS ON ALL ITEMS)**

1. **PE Kit** on Tuesday; please wash them after each use
2. **A healthy packed lunch and morning snack** daily
3. **A filled water bottle** for water only; please do not fill with other types of drinks
4. **Going Home Tags** are taken home at the end of each month and brought back by Monday (if you are travelling by bus)
5. **Sun hat/sunscreen** when necessary
6. **Library Bags and books** on Monday

### **Mobile Phones**

If your child has a mobile phone, it needs to be given to the class teacher at the start of the day, and will be returned at dismissal. Please make sure it's labelled with your child's name.

### Additional items needed for the first half of the term

Your favourite toy (for PSNS). Children will be notified when they need to bring this to school.

### Homework

- Begins in Week 3
- Assigned on Thursdays and submitted by the following Tuesday
- One piece of English and Maths, to practice topics covered in class.
- Reading (Children will choose a levelled reader to bring home each week. Please listen to your child read, and offer support when needed). Read daily and complete the online English Reading Log. Students can change their books multiple times during the week and it is okay to read the same book more than 1 time

*Please note that homework is intended as reinforcement of what your child has learned and should not be completed by parents. Should your child have any difficulty completing set tasks, please inform your child's teacher.*

## PE (Physical Education)

### Gymnastics

- Perform movement phrases using a range of body actions and body parts
  - Remember, repeat and link combinations of gymnastic actions, body shapes and balances with control and precision
  - Improve ability to select appropriate actions and use simple compositional ideas
  - Consolidate and improve the quality, range and consistency of the techniques used for particular activities
  - Use bodies and a variety of equipment with greater control and coordination
- You Can: Practice balancing in different ways and practice jumping in different ways at home.**

### Key Vocabulary

In this unit children will have an opportunity to use a range of words and phrases, such as:

- Jump, land, rock, roll, grip, hang, push, pull, bounce, hop, skip, step, spring, crawl, slide
- Words to describe speed, *e.g. stop, still, slowly*
- Shape, *e.g. tall, long, wide, narrow*
- Direction, *e.g. up, down, forwards*
- Level, *e.g. high, low*
- Pathway, *e.g. zigzag, straight*
- Body parts and surfaces, *e.g. feet, hands, toes, heels, knees, head, elbows, bottom, back, tummies*
- Along, around, across, on, off, over, under, through
- Tension, extension, relaxation

## PSNS (Personal, Social, Nature Studies)

### Old and New

We will look at toys and how they have changed over time. We will ask children to bring in a toy. If parents have any toys from your childhood that you are happy to send in, then we would be very grateful.

**You Can: Talk about life at home and how it has changed over time. Try to talk not just with your parents but your grandparents too.**

## Music

### Instruments

- Become familiar with various Instruments understanding how they work.
- Learn to play rhythms and melodies.

**You Can: Sing songs at home.**

### Key Vocabulary

- In this unit children have the opportunity to use words and phrases related to
- Using their voices in different ways, *e.g. singing, whispering, talking, humming*
  - Singing techniques, *e.g. breathing, posture*
  - The musical elements being taught at the same time in the other units, *e.g. high, low, loud, quiet, fast, slow, rhythm*

English	<p>G1 will be using an English curriculum based around 9 Themed Units to study over the school year.</p> <p><b><u>Themed Units of study (Reading and Writing)</u></b> Unit 1: Imaginative Text – Familiar situations</p> <p><b>We will spend the first week focusing on a new start in G1, then base our studies around the two themed units for the rest of the term.</b></p> <p><b><u>Phonics, Spelling and Handwriting</u></b></p> <ul style="list-style-type: none"> <li>• Spellings- Tricky words used frequently in English</li> <li>• Phonics and letter patterns</li> <li>• Handwriting practice</li> </ul> <p><b>You Can: Read every night. Practise reading narrative stories and instructions.</b></p>
Maths	<p><b>Place Value</b></p> <ul style="list-style-type: none"> <li>• Recognising tens and ones</li> <li>• Partitioning and comparing numbers</li> <li>• Estimating and counting</li> </ul> <p><b>Addition and Subtraction</b></p> <ul style="list-style-type: none"> <li>• Number bonds to 100</li> <li>• Fact Families</li> <li>• Adding and subtracting across and not across 10</li> <li>• Adding and subtracting 2-digit numbers across and not across 10</li> <li>• Mixed addition and subtraction</li> </ul> <p><b>Shape</b></p> <ul style="list-style-type: none"> <li>• Recognising and organising 2D and 3D shapes</li> <li>• Counting sides and vertices of shapes</li> <li>• Drawing lines of symmetry</li> </ul> <p><b>You Can: practise counting objects in tens and ones, looking at numbers around them and estimating how many objects there are in a group.</b></p>
Ethics	<p>Be Good People is a social-emotional learning (SEL) curriculum developed in the U.S. to enhance students' skills in building positive relationships, empathy, and responsible decision-making. This program is used by many International schools to help students learn lifelong skills. The curriculum focuses on key SEL skills, including self-awareness, self-management, social awareness, and relationship skills, fostering positive behaviours like kindness and empathy among students.</p> <p><b>You Can: Talk with your child on a Monday to find out what topic was covered in the days lesson. Discuss topics at home as we will be sending home a poster that will give you information that was discussed at school.</b></p>

Art and Design	<p><b><u>Picture This!</u></b></p> <ul style="list-style-type: none"> <li>• Explore using different shapes to create illustrations.</li> <li>• Explore how to express emotion in illustrations</li> <li>• Composing scenes that tell a story to the viewer</li> </ul> <p><b>You Can: Read picture books to your children to expose them to a variety of illustration styles.</b></p> <p>Key Vocabulary: shape, sketch, illustration, emotion, composition, story</p>
Creative Studies	<ul style="list-style-type: none"> <li>• Working together in a happy and cooperative manner</li> <li>• Using good manners at school and at home</li> <li>• Preparation for the student council</li> <li>• Exploring our communities.</li> </ul> <p><b>You Can: Talk about using good manners at home. Help your child with preparing a speech for the student council election.</b></p> <p>Key Vocabulary: friendship, togetherness, rules, behaviour, classroom, playground, school</p>
Japanese	<p><u>Kokugo</u></p> <ul style="list-style-type: none"> <li>• Handwriting practice: hiragana and katakana with the correct pencil grip and the correct stroke order</li> <li>• Reading: Recognising all the characters in hiragana and some in katakana</li> <li>• Reading simple stories.</li> <li>• Writing short sentences</li> <li>• Vocabulary: greetings in Japanese according to the situation</li> <li>• Playing games such as しりとり.</li> </ul> <p><u>Japanese Studies</u></p> <ul style="list-style-type: none"> <li>• Listening and Speaking- daily conversation</li> <li>• Reading and Writing- Hiragana, Katakana and your name</li> <li>• Story time</li> <li>• Culture - events, origami, song and games.</li> </ul>
STEAM	<p>Students will learn:</p> <ul style="list-style-type: none"> <li>• Internet safety and digital citizenship</li> <li>• Introduction to AI (Artificial Intelligence) — what it is in simple terms</li> <li>• Parts of a laptop and proper device care</li> <li>• Mouse skills (left, right, double click, drag)</li> <li>• Basic typing in Microsoft Word</li> <li>• How to save and open their work</li> </ul> <p>You can:</p> <ul style="list-style-type: none"> <li>• Talk about online safety and responsible technology use</li> <li>• Discuss using AI as a helper— not to do all the work</li> <li>• Encourage short typing practice</li> </ul>