



Nanohana - MIS Newsletter

Edition 319 – Friday 19 June 2020

From Mr. Trent Citrano, Head of School



The children have been remarkable again this week, getting on with their learning. We have built special Talk Times into our timetables to enable students to talk about how they are feeling and what is going on in their world - whether that is in the classroom, on the playground, at home, or events in the wider world.



As parents, we can be a part of this at home too. A recent article from Kids Help Line titled [Helping Kids Identify and Express Feelings](#) lays out some clear ways that we can help our children learn about and express their feelings. It also gives tips on strategies we can teach our kids on how to positively deal with emotions when they are angry or frustrated.

This is so key as children who learn healthy ways to express and cope with their feelings are more likely to:

- | | |
|---|---|
| Be empathetic and supportive of others | Perform better in school and their career |
| Have more positive and stable relationships | Have good mental health and wellbeing |
| Display less behavioral problems | Develop resilience and coping skills |
| Feel more competent, capable and confident | Have a positive sense of self |

Calendar

Per MIS's Return to School Operation Protocols, in order to prevent the risk of COVID-19, events are limited.

Friday 26 June

Reports Home

Friday 03 July

Last Day of Term



Check out the latest efforts of the MIS PTA by visiting the MIS PTA Website at: www.mispta.com



Lost and Found

The office will dispose of all Lost and Found items on Friday 3 July, the end of Term 1. Please check for missing items before then. Thank you!



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Kindergarten News

From Mrs. Laura McKeown, Kindergarten Coordinator



The Keys to Making New Friends

With social distancing, in place of a whole-Kindergarten assembly, we are holding in-class assemblies. During this week's in-class assemblies the children discussed ways to make new friends. Having one friend is great but what if that friend has to stay at home because they are feeling sick? The more friends we make, the more we practice the skill of connecting with others. Frequently we hear children saying 'my friends don't want to play with me' or observe a child standing on the outskirts of a group of children playing. Approaching another child who is playing takes bravery and practice.

Further to this, the child also needs the language required to ask if they can play too. This week we focused on asking others 'can I play?'. Just like when we ask for a drink of water when we are thirsty, this question becomes less scary and more natural the more we practice it. This week staff around kindergarten have encouraged children to make new friends and use this language to initiate play with friends that they don't usually play with. This is also a skill that children can develop at home with siblings or when playing with friends outside of school. When you hear your child being brave and asking others to play, or inviting a friend who is on their own to join their game remember to praise them for being a good friend.



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Grade 2 Students Plant Their Own Morning Glories

After learning about the parts of a plant and the 5 things a plant needs to live, G2 students tried their hands at planting their very own morning glory flowers. Over the next while, students will be recording their observations about their plant's growth in a journal, marking the changes that occur as their flower matures.



For Grade 6 Go 3D!

Grade 6 students are working on making 3D busts and heads as part of their study of different kinds of portraits. They have to create an armature from card paper and will later cover and paint them. Everyone was really focused !



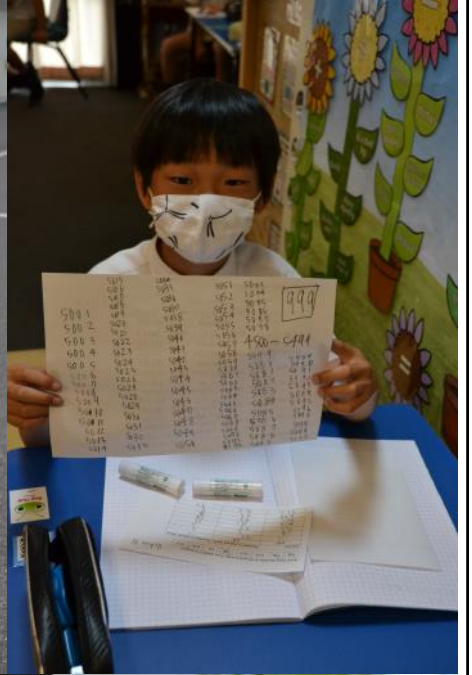
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Out and About at MIS!



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